

2-25-2011

Montana Kaimin, February 25, 2011

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*the weight
of the matter*



**LIVING LARGER
THAN LIFE WITH
MONTANA'S
OFFENSIVE LINE**

EDITORIAL

Disturbing the Peace

A lecture hall full of wasted time
by Jed Nussbaum



I've "wasted" a lot of time throughout my college career. I've skipped my fair share of classes to enjoy the sunshine, spent late hours stumbling through the annals of YouTube (damn you, Autotune the News), consumed copious amounts of beer over the past five years and slept in far too often as a result.

In my mind, however, there has been no greater waste of resources over these past few years than sweating through the countless entry-level classes I was required to take to fulfill general education credits.

When I compare the gen-ed requirements I've taken in college to the equivalent classes I took in high school, the repetition is disturbing. I've not only wasted time on material I hardly remember months later, but also I've thrown a hefty wad of cash at classes I already took when I was 17. Countless studies have shown that our ability to retain information diminishes as we age. If I don't remember material from high school (which is probably because I don't use that information), the odds that I'll get something else out of the same class in college are slim. Spending hundreds of dollars on a four-month review session is absurd.

The quality of education these classes offer also suffers due to stuffing classrooms with disinterested students. Lecture halls are filled to capacity with kids who could care less about the subject matter, effectively wasting their teachers' time and passion. Most of these professors labored through their own education in hopes to create a stimulating learning environment for their students, but how many times will they walk into a classroom full of glazed-over eyes and below-the-desk text messaging before they, in turn, cease to care about what they teach?

Granted, the initiative to go beyond entry level classes in order to fulfill required perspectives is up to the students, and you can often avoid the classes you've already taken some variation of. We don't, though, because we're not interested in expanding our pursuit of subjects that have little bearing in our daily lives. Ask me a question from my sophomore micro-economics class and I'll stare at you as if my mother just slapped me in the face.

Our higher education structure seeks to produce well-rounded graduates who know how to maneuver their way through various aspects of life. But the current approach doesn't work. Instead, why don't we require students to pick a minor outside of their major perspective? This will encourage students to extend their academic pursuits past their comfort zone while maintaining a self-driven application to their studies, in addition to fostering greater familiarity with the subject matter demanded by minor requirements.

Contrasting the memory lapses these classes represent on my transcript with the multitude of classes I wish I'd had time to take is disappointing. Stop squandering university resources just to waste students' and professors' time and money. We do a perfectly good job of that without the help of higher education.

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KAIMIN COMICS



by Hannah Spry

LETTERS to the EDITOR

In response to Thursday's editorial

While attempting to articulate his reasons for not donating to Senior Challenge 2011 in Thursday's editorial, Joe Pavlish actually drew attention to some of the important reasons UM students should feel motivated to support their university this year.

The Senior Challenge is a student-run campaign for the University. I'm a student. I eat Top Ramen. However, my experience at UM was made substantially better because of the dedication of generations before me; because of the willingness of UM graduates in the past to invest in my experience, even once they had left campus.

Pavlish wrote of feeling guilty about being unable to give back to the University in this year's Senior Challenge campaign. As Senior Challenge Committee Chairman, I regret that this was his impression. The Senior Challenge Committee is not trying to guilt people into giving. On the contrary, we hope students donate out of a sense of pride in their university and as a reflection of the opportunities given to them here. Many of those opportunities ex-

ist not as a result of the money we have paid in tuition, but because of private donations to the University. The Senior Challenge exists as a way to begin ensuring these same opportunities will be there for students in the future.

The Senior Challenge is not asking people to empty their bank accounts; only to make a gift that is meaningful and significant to them, whether that be \$5 or \$25. The proposed class gift – an interpretive map on top of the M – would serve as a resource for prospective and current students, parents, and visitors to Missoula. At a time when \$5 or \$10 represents a significant amount of our disposable income, this gift makes a seemingly small amount go a long way to furthering future students' experience at UM.

The Senior Challenge is not about guilt or gouging students one last time before commencement, but about continuing the generosity of The University of Montana community.

I welcome any questions, comments or interest in the Senior Challenge at ericwstokes@gmail.com.

-Eric Stokes, Senior Challenge Committee Chairman

Corrections:

In Thursday's article, "Student hit by UM bus," the Kaimin reported that ASUM Transportation Director Nancy Wilson arrived at the crash scene "several hours" after the collision occurred. Wilson was reportedly at the scene minutes following Wednesday morning's accident.

In Thursday's editorial, "Giving back never hurt so good," the Kaimin reported that 10,934 donors gave The University of Montana \$1.4 million in gifts last year. The correct donation amount is \$14.1 million.

COVER STORY: AJ Mazzolini COVER PHOTO: Steel Brooks

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BIG UPS + BACKHANDS

Big Ups

Big Ups to NBA star and now New York Knicks forward Carmelo Anthony. Anthony single handedly shouldered the burden of deciding to leave Denver for New York without a one-hour ESPN special complete with two weeks of prime time advertising build up. If anyone deserves their own shoe deal, it's athletes with somewhat humble egos.

Big Ups to actor Charlie Sheen. The man has had a hard few months, but he has finally redeemed himself. Sheen's antics over that past few weeks have caused his television show, 'Two and a Half Men,' to be canceled for the remainder of the season. We're not sure how one becomes nominated for the Nobel Peace Prize, but we can't think of another person who has done more for humanity this year than to make sure no more of that atrocity makes it to basic cable.

Big Ups to UM President Royce Engstrom for being seen shoveling snow outside of Main Hall the other day. It's always nice to see a leader who can go out and get things done himself.

Backhands

Backhands to Libyan dictator Muammar Gaddafi. Not for ordering the killing of his own citizens, being a ruthless dictator or for being a long-time backer of terrorist activities. Not even for the garish white tents that he brings with him when he makes speeches at the UN, or for having the skin tone of a zombie. No, what we find most vile about this man is his sense of style. Khaki and military green fatigues after Labor Day? That's all the evidence we need for him to be arrested for crimes against humanity.

Backhands to Montana's GOP, which has been raging this session with bills passing through the House like hotcakes in a fat Mississippi family household. The elected lunatics have pushed bills against medical marijuana, equality, higher education and the environment through the early stages of becoming Montana laws. In a clear-cut attempt to keep Montana's bigot population high while keeping the future state population low, the Republicans are doing a damn fine job. Anyone for Tea? No thank you, I've had enough crazy this week.

police blotter

Assault arrest Feb. 17

At the University Villages, a woman reported an assault, but didn't want to give police a description of the male suspect. The suspect returned to the area shortly after, and police then arrested him on a warrant.

Cold confusion Feb. 22, 1 a.m.

A man called Public Safety saying he was stuck outside his brother's apartment and wanted officers to bring him a blanket. "It turned out he was not at his brother's apartment, and he was transported to the correct apartment," said Director of Public Safety Jim Lemcke.

Trespassing transients Feb. 24, 6:30 a.m.

A suspected transient left a women's restroom in the Skaggs Building. A witness described the man as being about 40 years old with a mustache and a blue coat. Lemcke advises everyone on campus to call Public Safety if they see transients staying in buildings.

Winter woes

In the past week, several callers have asked that grounds staff sand, ice and shovel snow. "Imagine that," Lemcke said.

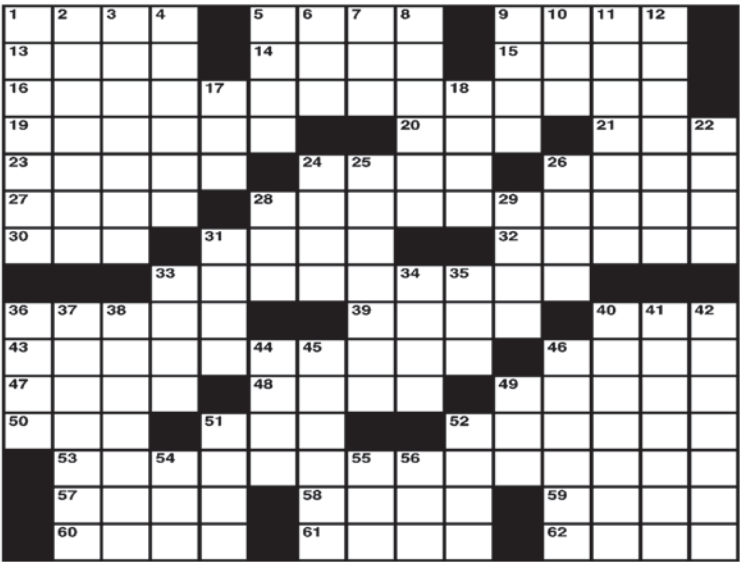
FOR RELEASE FEBRUARY 25, 2011

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

ACROSS

- 1 Rigged support
- 5 Curve of a cabriolet leg
- 9 Sheet of stamps
- 13 "So that's how it's going to be"
- 14 Anago and unagi
- 15 An amulet may ward it off, purportedly
- 16 Move from Crystal to Caesar's?
- 19 Danish poker star Gus
- 20 Curling surface
- 21 Texter's "Heavens!"
- 23 Oscar night figure
- 24 Small, vocal bird
- 26 ___ market
- 27 Cliff, Carlos and Derrek of baseball
- 28 Antelope of questionable virtue?
- 30 Mag wheels?
- 31 Pound output
- 32 Has a powerful desire (for)
- 33 "Another regulation, sorry to say?"
- 36 Gait between walk and canter
- 39 Wine Train valley
- 40 MoveOn.org, e.g.: Abbr.
- 43 Greengrocer's grab bags?
- 46 Hole maker
- 47 Mongol sovereign
- 48 Trap, in a way
- 49 "Cheers" waitress
- 50 Sixth rock from the sun: Abbr.
- 51 Rye go-with
- 52 Repartee
- 53 1997 Kevin Spacey film, and a hint to this puzzle's theme
- 57 Lowdown
- 58 "Exodus" novelist
- 59 Compass ___
- 60 Riding
- 61 Took off
- 62 Dot and Flik, in "A Bug's Life"



By Annemarie Brethauer

2/25/11

DOWN

- 1 "Glee" star Lea ___
- 2 Embarrassed
- 3 Medium settings
- 4 Time indicators of a sort
- 5 Gung-ho
- 6 Rebirth prefix
- 7 "The Silmarillion" being
- 8 Uses binoculars, say
- 9 Athlete dubbed "O Rei do Futebol"
- 10 Gardner of "Mayerling"
- 11 French president Sarkozy
- 12 Gold or silver
- 17 "Hmm ..."
- 18 Embarrassing marks
- 22 Roams
- 24 Troubles
- 25 Jennifer Crusie's genre
- 26 Obstacle for Santa?
- 28 Mauna ___
- 29 2004 Anne Hathaway title role
- 31 Responded in court

Thursday's Puzzle Solved

R	E	B	S		A	R	T	E		P	R	E	P	S
I	G	O	T		L	E	I	A		E	Y	D	I	E
P	O	L	E	T	A	X	E	S		L	E	G	A	L
S	T	O	N	E	S		T	E	L	L		E	N	E
A	R	G	O	N		S	O	L	E	M	U	S	I	C
W	I	N	S	T	O	N		D	E	S	I	S	T	
S	P	A			W	E	I	L		L	E	N	T	
					C	O	L	E	F	I	E	L	D	
	T	H	O	U		R	A	M	P			A	G	O
F	R	O	N	T	S		P	A	S	S	I	O	N	
R	O	L	E	C	A	L	L	S		C	A	R	N	E
E	T	S		A	L	O	E		P	O	S	I	E	S
E	S	T	E	S		H	O	L	E	W	H	E	A	T
S	K	E	E	T		A	N	O	N		E	S	P	O
T	Y	R	O	S		N	E	X	T		S	T	E	P

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2/25/11

- 33 King of comedy
- 34 Shed tool
- 35 Adds to
- 36 Sets a price
- 37 Jackson dubbed "Queen of Gospel"
- 38 Sticking out
- 40 Helping
- 41 In any case
- 42 River to Boston Harbor

- 44 Seven-time N.L. batting champ Musial
- 45 Two or three bags of groceries, say
- 46 Transforming syllable
- 49 Lockup
- 51 Stud alternative
- 52 As good as it gets
- 54 Corp. exec
- 55 Fury
- 56 "What's the ___?"



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CAMPUS

Students offer tax prep

Heidi Groover
Montana Kaimin

In two short months, the weather will be warmer, spring break will have passed and University of Montana students will be just a month from summer vacation.

Even though April 15 might look far away on the calendar, in the world of taxes, the day is looming and UM business students are ready to help.

For three more Saturdays, business students will offer free state and federal income tax filing for UM students and Missoula residents. School of Business seniors and graduate students who passed an IRS exam in January will prepare tax returns for any person who made \$49,000 or less last year. The 33 students, along with two community members who also passed the test, have been volunteering their Saturdays since Feb. 4.

The service is a two-way benefit, said the program's on-site coordinator Clem Lockman.

"For the taxpayers, we're pretty good in preparing a return correctly," Lockman said. "For the students, it's a great opportunity to get involved with the community."

Volunteer Income Tax Assistance is an IRS-sponsored program that provides free tax preparation at universities and other sites across the country. Missoula has two other VITA sites, but this is the only one led by students, he said.

Da Lynn Nickell, a student in UM's accounting masters program and one of the student volunteers who will prepare taxes this weekend, said the program helps her get first-hand practice that can be hard to find. "I'm a student who doesn't have an internship with a public accounting firm, so I haven't had opportunity to do a lot of taxes before, so for me, it's been a great learning experience," she said.

The students receive one credit for passing the exam and spending

their Saturdays preparing returns.

After two years of volunteering, Nickell said there are common mistakes she sees students make.

First, many students don't bring their 1099 form, which the University mails them stating how much their education cost that year. Without it, students can't claim the proper education credit on their taxes.

Students younger than 24, whose parents can still claim them as dependents, might not know whether their parents plan to claim them – and their education credit – or not, she said. If both the student and his or her parents file, one of the returns will be rejected, Lockman said.

Other times, taxpayers may just forget some of the necessary paperwork.

Lockman said taxpayers often wait two to four hours in line before having their returns completed. With the correct forms and information, a return usually takes about 40 minutes to complete, he said.

"We have a lot of support from the IRS and the University," Lockman said. "We do good returns but if people don't have all of their information together it can be more difficult."

Long Saturdays pay off, though, not only for those saving up to hundreds of dollars on their taxes, but also for the student volunteers, Nickell said.

"We're offering a service to the community that people just don't feel comfortable doing on their own," she said. "And most of the people in the income level we're serving are getting a refund so it's a lot of fun to help them get that check in the mail."

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COT students want bus service to west campus

Victoria Edwards
Montana Kaimin

Students at the College of Technology's west campus say they don't reap the benefits of the transportation fee they pay every semester and are looking for a solution to change that.

"Everyone here is paying a \$26 fee for no usage of the services," said Lucas Berry, an Associated Students of The University of Montana senator and student in the COT's industrial technology program located at the west campus.

The transportation fee is paid by all UM students, and goes to fund services provided by the ASUM Office of Transportation, including the Park-N-Ride buses.

However, because there is no Park-N-Ride bus that goes to the COT's west campus and most students have to drive to get to class, Berry said west campus students aren't getting what they pay for.

Nearly 200 students attend classes at the west campus of the COT, which is home to the industrial technology program.

Located past Reserve Street and Big Sky High School, the west campus is almost five miles away from the east campus.

Transportation for students is complicated by the fact that they are required to take a writing class, which is not offered at the west campus.

Willow Wehr, a student in the COT's industrial technology program, took a writing class last year at the east campus. By the time class ended, he said he had 10 minutes to get to the west campus before his next class began.

"Making it here from the east campus is hard to do," he said.

Berry said he wants the ASUM Office of Transportation to provide a bus that takes students between the east and west campuses of the COT.

If the ASUM Office of Transportation doesn't offer services to the west campus, he said, "the west campus shouldn't have to pay a fee."

Although Berry said he doesn't expect a bus to run every 15 minutes between campuses, he said bus service at the most suitable times in the day would greatly benefit students.

"There's a lot of hardworking men and women out here that need the services they're paying for," Berry said.

ASUM Transportation Director Nancy Wilson said she recognizes students need to get between the two campuses, but said she first has to figure out the specific needs of students at the west campus before she takes action.

"The idea we've had is to assist them in trying to run a shuttle themselves," she said.

Wilson said the ASUM Office of Transportation would pay for the driver and then would tailor the times the bus runs to students' schedules.

However, Wilson said, "until we know we have funding to do anything, it's not something we've committed to."

ASUM Transportation is proposing a \$4 fee increase next year, which students will vote on during April elections.

Wilson said without the fee increase, providing service to the west campus COT will be impossible.

For now, students at the west campus will have to continue driving to school or take the Mountain Line bus, which offers service every hour to the west campus.

Kyle Scharfe said he's part of the minority at the west campus that takes the Mountain Line to school.

"If you work your schedule around it, it's not that hard," he said. "The services are there, we just might have to look a little harder to find them."

victoria.edwards@umontana.edu

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THE WEIGHT OF THE MATTER

THE SEAT CREAKS AS Dan Kistler Jr. settles in for class. The desk is a one-piece, a wooden chair connected to a wooden desktop, the kind Kistler hates. His body isn't made for them, he says. It's tough to cram a 6-foot-8, 325-pound body into something made for average-sized people.

His legs, clad in XXL-tall sweatpants, bend awkwardly and his knees press against the chair in front of him. His stomach rubs on the desk.

At the front of the class, the professor is recalling an anecdote of a former boyfriend who had size 14 shoes. He had trouble walking down stairs, she says. They used to laugh, she says.

Kistler laughs, too. It's more of a light snicker really. He shakes his head and puts his face in his huge hands.

His shoe size is 16.

Kistler is a student at The University of Montana and plays offensive tackle for the Montana Grizzlies football team. The concept of his position is built on being larger than life, the biggest on the field. He is part of the protective wall around the quarterback and the stronger the wall, the better the protection.

"Ever since I was in high school, the coaches have always said 'You're the bodyguards on the field,'" said Kistler, now preparing for his sophomore season at Montana. "But we don't look at ourselves as 300-pound linemen. We look at ourselves as athletes."

But what happens when a machine, created and fine-tuned for football, leaves the field?

When the season's over, the student part of student-athlete takes control and Kistler and the rest of the line trade in their shoulder pads for backpacks full time. A body constructed for football without the game feels a bit silly, said junior offensive tackle Jon Opperud.

"Being our size can make for some very long classes," said Opperud, who carries just over 305 pounds on his 6-foot-7 frame. "There aren't a whole lot of comfortable chairs for a big man."

He said after 21 years he's accepted that the world feels too small for him. Normal activities can become challenging, like riding in cars — really, any sort of travel — or finding clothes that fit or a bed that suits his body. Living in a dorm with another 300-pound lineman as a freshman was nearly unbearable. But playing the sport he loves makes the tribulations worth it, and to play, he has to be big.

And the bigger the better.

"The bigger guys seem to be more durable, less prone to injury," said Bob Beers Sr., offensive line coach at Montana. "Plus they can push anybody around. The old adage is still 'mass kicks ass.'"

For an O-lineman to succeed, which means keeping an equally massive defensive line from crushing his quarterback and running back, he needs to be a giant like Kistler and Opperud. He needs to be hulking and he needs to be sturdy. The football lineman is the American equivalent of a Japanese Sumo wrestler — an athlete of titanic proportions.

But can a person weigh in at well north of 300 pounds and still be in shape?

Continues on next page

LIVING LARGER THAN

Continues from previous page

"Definitely," Beers said. "They have the height and the size to carry [300 pounds] and look smooth and good doing it."

They can outrun most any regular Joe, Beers said. With year-round training programs, linemen are getting bigger, stronger and faster. They have to in order to keep up, Beers said.

But linemen weren't always as massive as they are now, not at the professional level or at The University of Montana. Humans and the game itself are getting larger, Beers said.

Forty years ago, there was just one player in the NFL at the 300-pound mark: a San Diego Charger tackle named Gene Ferguson. The 300-pounders club slowly expanded to three members a decade later. By 1990, nearly 100 players had broken the mark and that number tripled by 2000, according to The Associated Press. When fall training camps began prior to the 2010 season, 532 world-class athletes weighed 300 pounds or more.

“The old adage is still ‘mass kicks ass.’”

Bob Beers Sr., Offensive line coach

And 350 may be the new 300 as 15 NFL-players topped the mark last season, led by Washington Redskins defensive tackle Anthony Bryant, a 6-foot-3, 375-pound behemoth.

This trend extends beyond the professional ranks, though. There was no 300-pound Grizzly prior to Larry Clarkson in 1986 and no more than one on a roster for another decade. In 1995, when the Grizzlies won their first national championship, only one man topped 300 pounds. Conversely, the 2010 team that finished 7-4 and missed the playoffs for the first time since 1992 boasted seven 300-pounders.

"Now it's pretty normal," Beers said. "There's more emphasis on training at a younger age so (they're) bigger by the time (they're) out of high school."

"We're just recruiting bigger kids. But they're more athletic. They're more athletic than they've ever been. We get a lot of film on kids that are 6-foot-7, 6-foot-8, but they're rangy. They can move."

The strength training at the college level is leaps ahead of where it was during Beers' first stint as Montana O-line coach from 1986 to 1990, he said, and light years beyond where it was when he earned All-American honors as a linebacker for the Griz in 1967 and 1968.

The young men now load themselves with protein throughout the day in preparation for workouts, from massive steak dinners to twice-a-day protein shakes.

"The most protein we ever got was in a Budweiser," Beers joked.

All this helps certain high school recruits turn into monster O-linemen at the collegiate level. Not everyone's build can carry that much mass.

"When you recruit a kid, you've got to look at his frame," Beers said. "Can he put on the kind of weight that we're going to ask him to?"

TUESDAY NIGHTS ARE ALL-YOU-CAN-EAT chicken wings at Hooters and a staple of being a Montana lineman. During the season, the restaurant becomes a weekly hotspot for the biggest Grizzlies to gorge. An average night shapes up as 60 wings a person or more.

Some nights get heavier — like when senior lineman Stephen Sabin packed away 100 wings in one sitting, then a restaurant record. Others, like one evening in February, look a bit lighter.



Sabin, who currently weighs 300 pounds flat, sits with Opperud, junior Jake Hendrickson (292) and freshman Brett Brauer (260) at a table piled high with stripped chicken bones. In the offseason, Brauer says he likes to stop at 40 wings, but as he announces his decision, his teammates chime in.

"If you're going to do 40, you might as well do 50," Opperud says.

"And if you do 50, why not 60?" Sabin says.

It's all in playing the part of a lineman, Sabin said, of packing on pounds and keeping them there.

The 6-foot-4 Sabin usually eats five smaller meals a day during the peak of the football season. "Smaller" has a different context to guys like Sabin, and a small dinner recently consisted of three or four salmon melt sandwiches. Still, he tries to take it easy when football isn't in season.

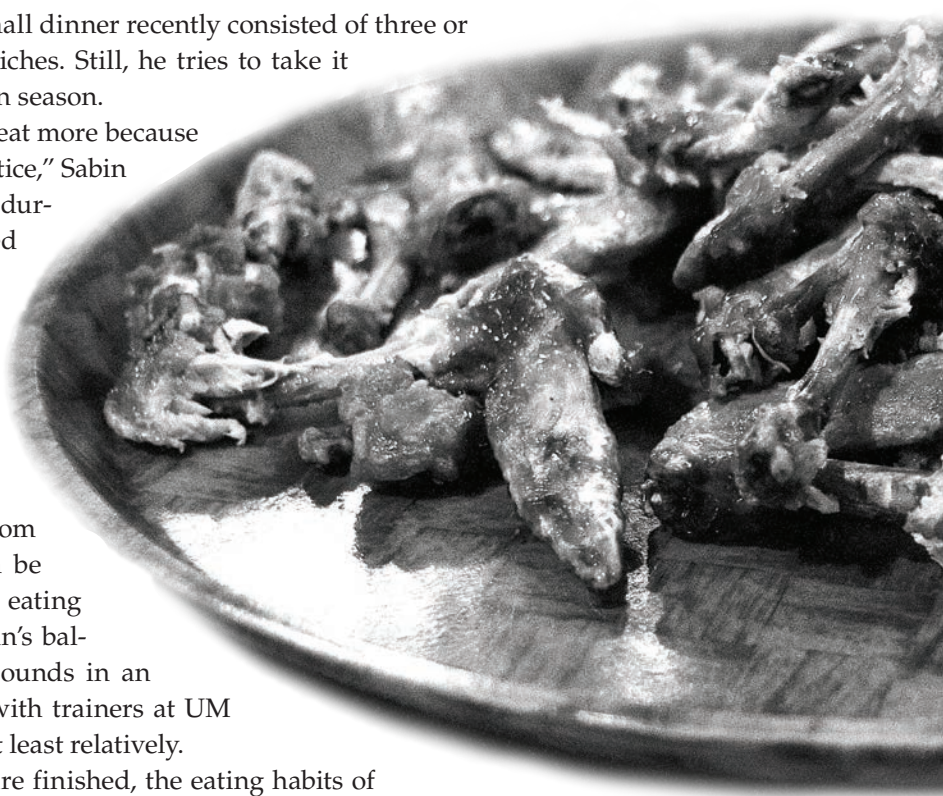
"During the season, I eat more because I lose weight during practice," Sabin said. "It's funny because during the season, you're tired from all the work and you don't want to eat as much but you have to to stay big. During the offseason, when you want to eat, you've got to watch it."

Transitioning away from the football lifestyle can be tough for men used to eating 4,000 calories a day. Sabin's ballooned as high as 333 pounds in an offseason, but working with trainers at UM helps keep him slim — at least relatively.

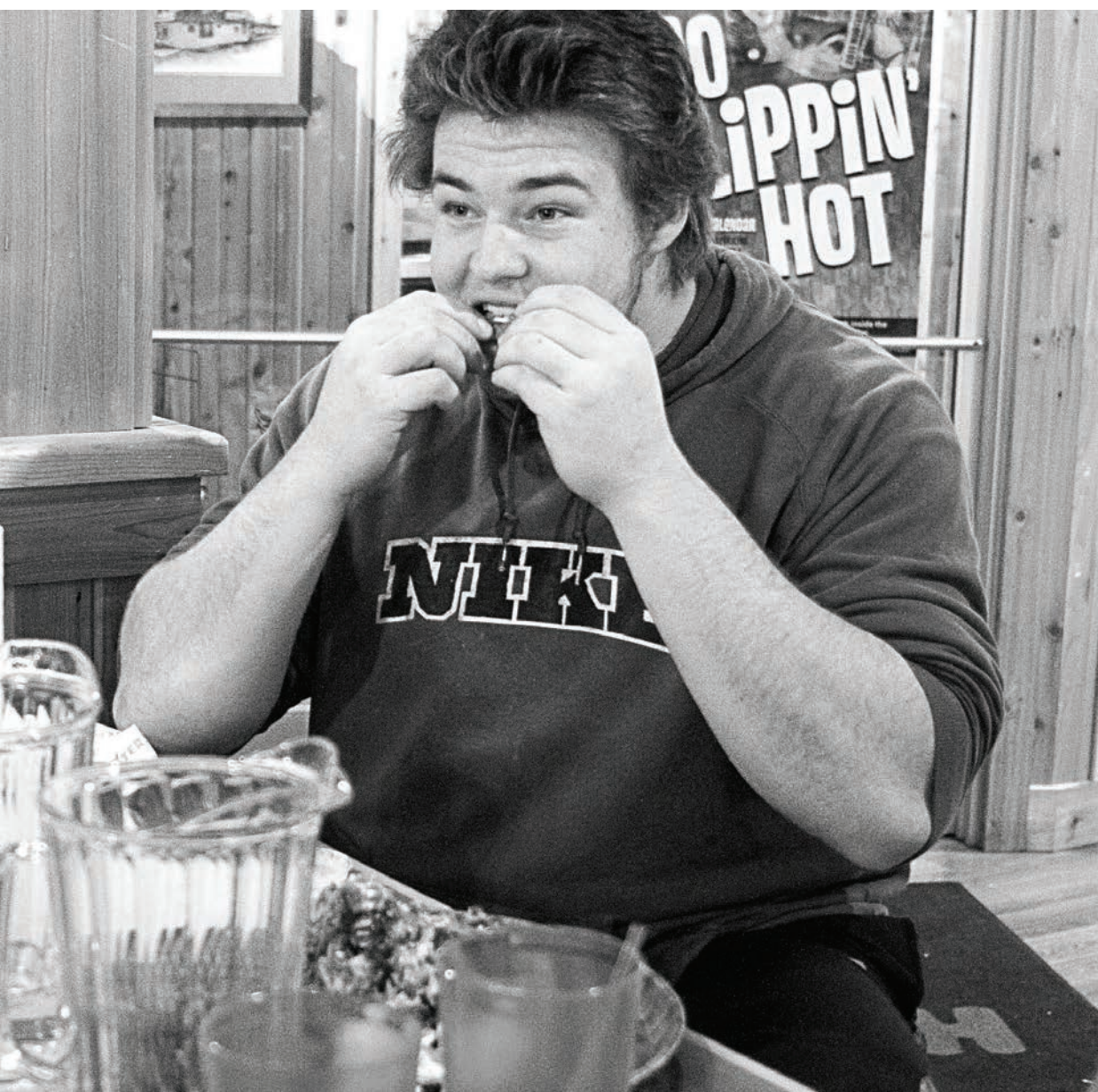
But when the games are finished, the eating habits of the O-line sometimes linger on, said JC Weida, an athletic trainer

for Montana's sports teams. He said that when coaches disappear, players, not just linemen, lose control of their weights. That's why the Rhinehart Athletic Training Center has trainers on hand to counsel them on staying on top of the calories and keeping their bodies in a healthy type, Weida said. "It's its necessity can have long lasting effects."

"They're not really fit individuals, they're just there just because they are athletes."



LIFE with Montana's offensive line



id sometimes when order-barking
st the biggest ones, can begin to
s why he and the other trainers at
enter offer to meet with graduating
g fit. For linemen, this means pull-
g up with the cardio. A 300-pound
said, and staying that size beyond
health issues.
duals," Weida said, adding that
ic and can play the sport, doesn't
mean they're healthy. "They don't

have the longevity; the body wears down."

The weight can affect the heart, lungs, body joints and lead to a higher risk of heart disease, diabetes and stroke along with high blood pressure and cholesterol. "Everything across the board," Weida said.

Studies by sources like The Associated Press and the National Institute of Occupational Safety and Health all showed higher mortality rates among former linemen that continue to carry the weight than the general public.

Because of all this, the sooner players can trim down following their final snaps, the better, Weida said. Something at least one Grizzly, former offensive guard Frank Garrett, embodied.

Garrett once tipped the scales at more than 280 pounds, but after graduating in 1994, he said he started slimming almost immediately. The Missoula native, who now teaches physical education at Salmon High School in Salmon, Idaho, was once an outdoor enthusiast before beefing up for football. He missed skiing and kayaking — unthinkable activities for a bulky body.

"Being a football body size is not conducive of doing much other than playing football," Garrett said. "The next day (after the final season ended) I cut my eating back to normal-people proportions and just started working out. For football, you kind of have to put everything else on hold.

It consumes you for five years (at the college level)."

The former lineman's weight now hovers around 200 pounds, a shadow of his football-playing self. He said he's amazed when he looks at the players of today, men who move and run as

well as he can now but with 50 percent more of his mass. "I'd have been absolutely dwarfed," he said.

"At what point do we become too massive and too strong?" Garrett said. "I think that negative return is that these guys are almost going to be too athletic. The game is so fast and with the collisions, we're talking about head injuries. And that's pretty scary."

Cutting weight hasn't been as easy for all former athletes; just ask Eric Simonson. A 290-pound All-American left tackle for the Grizzlies as a senior in 1995, he packed on 70 pounds after leaving the game. Nutritional exit-interviews for players were still years away, and without the structure, Simonson lost control of his weight.

"Old habits die hard, the habit of consuming so many calories," said Simonson, now a rancher and farmer in Plentywood. "It was normal to go to a restaurant and order two entrees."

After a few years, and lots of work, the third-generation rancher has shrunk to about 300 pounds, a more comfortable weight for his 6-foot-5 frame. He still climbs on the treadmill "once in a while" and hopes to drop even lower.

Still, Simonson may be the lucky kind, he said, because he can still run on a treadmill if he wants. Serious knee, back and hip issues badger plenty of former players after years of contact sports at such a high mass. It keeps them from being active, Simonson said, which can keep them heavy.

EACH MORNING, KISTLER visits the athlete weight room in the Adams Center for his daily workouts. He says hitting the gym on a very regular basis is something that won't change even after the games are over. He won't be one of those guys whose bodies inflate in their post-playing days.

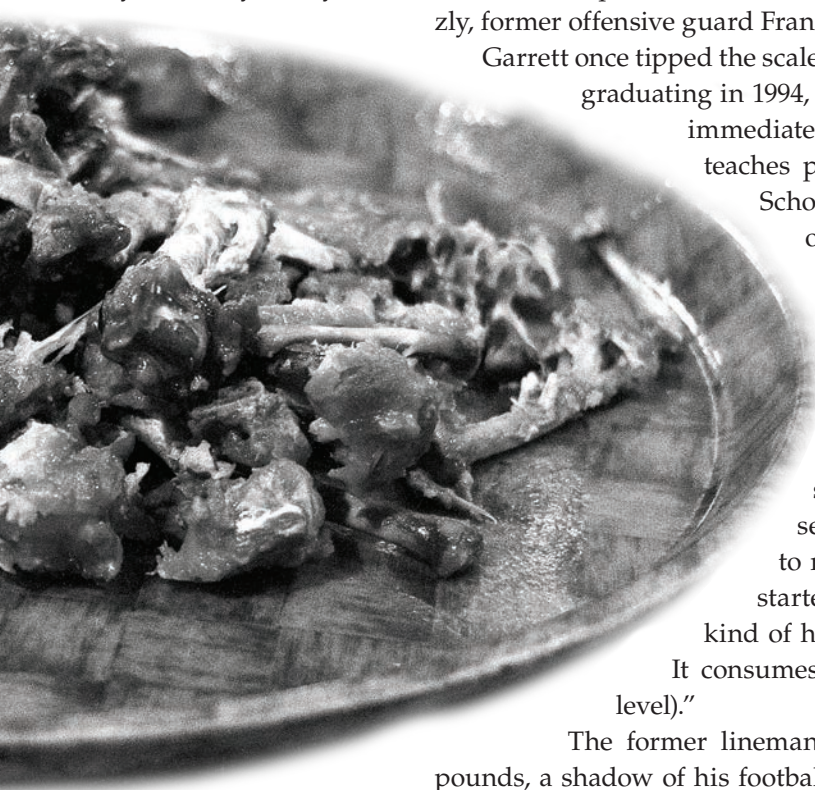
"If I don't work out every day, I just don't feel very good," Kistler said. "I feel lazy."

Even if a football career doesn't pan out, Kistler expects to have a very active profession, one that will fit an athletic body. The sociology major already has an eye on life after the game, maybe working in the police force. Maybe even with the Secret Service, he said.

"I don't see myself working behind a desk," Kistler said.

To do that, he'd have to find one that would fit him.

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ABOVE Stephen Sabin reacts to a comment from one of his teammates. Sabin ate 50 wings on Tuesday night, but this past season ate 100 in one sitting, taking three hours to complete the feat.

TOP CENTER Jake Hendrickson and Stephen Sabin eat all-you-can-eat wings at Hooters on Tuesday night.

BOTTOM CENTER The bone pile sits on the table after the guys are done eating. A total of 180 wings were eaten between the four linemen on Tuesday night.

CAMPUS

UM student goes to Harvard for animal law competition

Jed Winer

for the Montana Kaimin

For a woman who grew up on a small farm surrounded by horses, dogs, cats, ducks and chickens, it is no surprise that Lindsay Abernethy has a passion for helping animals.

This weekend, Abernethy, the 32-year-old, third-year University of Montana law student, combines that passion with her law education as she heads to Harvard Law School to compete in the eighth annual National Animal Law Competitions.

With her distinctly Southern accent, the cheerful Georgia native said that as the first student from UM to participate in the competition, she hopes to "put Montana on the map as far as animal law goes."

Over the past few weeks, Abernethy has been writing, memorizing and practicing a closing argument for the prosecution in an animal cruelty case, which she will deliver to a panel of judges at the competition. All that hard work has been in addition to Abernethy's already busy schedule, which largely revolves around her animals.

Abernethy begins her day around 7 a.m. with a long walk with her dog, Jasmine, who she adopted in 2007 after her previous dog, Jerry, died.

At age 16, while her parents were on vacation in France, Abernethy convinced Kelli, one of her older sisters, to go to an animal shelter in Georgia with her and fill out the paperwork to adopt Jerry, a chocolate Labrador mix.

"For a person that age ... to be educated and socially conscious

enough to know that the best thing to do was to go and save [a dog] from a shelter, that's a tribute to Lindsay's character," said Abernethy's sister Chamblee, 41.

Abernethy credits much of her interest in helping animals to Chamblee, who rescues dogs in Atlanta.

When Jerry died, Abernethy was "devastated," said Chamblee.

A month after Jerry's death, Abernethy called Chamblee and asked, "Who have you got that you think needs a home the most?"

It was then that she found Jasmine, and since then the two have been inseparable.

"She's got so much personality and she definitely keeps me laughing," Abernethy said.

Depending on the day, after her walk with Jasmine it's off to an 8:30 a.m. class at law school or to her internship at the Missoula city attorney's office. Later in the afternoon, Abernethy steps out of her high heels and into jodhpurs as she heads to a barn just outside of town where she shovels stalls and does other chores in exchange for boarding her two horses, Gus and Victoria.

Abernethy has always loved horses. Though she got her undergraduate degree in business administration from Wesleyan College in 2000, Abernethy joked that she "majored in equestrian," as she spent a lot of time riding on the equestrian team.

After Wesleyan, Abernethy worked five years as a horse trainer in Georgia, North Carolina and Wyoming. She then worked as a paralegal at a law firm in Ma-

con, Ga., which she said inspired her to go to law school.

In her first year of law school in 2008, Abernethy co-founded UM's chapter of the Student Animal Legal Defense Fund (SALDF), one of 154 chapters in the U.S., with fellow law student Tess Roth, who has since graduated.

The UM SALDF chapter currently has 10 members who have participated in activities ranging from drafting Montana legislation that protects animals to holding a bagel sale at the law school every Monday to raise money for animal causes.

Abernethy said her main goal for the group is to spread awareness about issues affecting animals. One of the most important messages she likes to tell people is "if they want an animal ... they adopt one from a shelter and not buy one from a breeder, just because so many animals are homeless."

Abernethy got the idea to start a SALDF chapter from Stacey Gordon, a law professor and associate law librarian at UM. Gordon serves as adviser to SALDF.

"She took [SALDF] and ran with it ... She's very dedicated to the group and to animal issues," Gordon said.

Despite her interest in prosecuting animal cruelty cases, Abernethy said that a future as an animal lawyer might be difficult, as "animals don't have very much money." Abernethy expects she will work in criminal or family law once she graduates and still help animals through volunteer work.

Eventually, Abernethy and



Jed Winer for the Montana Kaimin

Chamblee hope to open an animal sanctuary together and transport dogs to the West from the Southeast, where there is greater pet overpopulation.

For now, Abernethy is focused on the competition at Harvard.

Accompanying Abernethy on the trip to Boston is fellow law student and SALDF member Lindsey Pilecki, who has been coaching Abernethy over the past few weeks.

There's no monetary prize in the competition, just a plaque. However, Abernethy is less concerned about the prize than she is about the future of animal law at UM, hoping the competition will inspire other members to compete.

"One way or another, she'll always be an advocate for animals," Chamblee said.

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BASKETBALL

Lady Griz late rally not enough, fall to PSU

Daniel Mediate
Montana Kaimin

A playoff win-or-die mentality ruminated in Dahlberg Arena Thursday night and the Lady Griz just couldn't find a way to come out with a victory.

The University of Montana women's basketball team fell to conference rival Portland State 70-65 in Missoula, snapping the team's six-game winning streak.

The loss dropped Montana (14-12, 9-4) from a second-place tie with Montana State to a third-place tie with the Vikings of Portland State (16-10, 9-4).

The Lady Griz pulled within 38-34 in the opening minutes of the second half, only to watch the Vikings' shooting light up the scoreboard on its way to building a 20-point advantage midway through the game.

Montana chipped away at PSU's commanding lead, pulling within 61-52 after senior Sarah Ena knocked down a jumper in the paint with just over five minutes remaining. The Lady Griz continued to battle as guard Stephanie Stender connected on a long 3-pointer, Katie Baker added a field goal and a pair of free throws, and freshman ball handler Lexi Nelson hit a floater in the lane, all within the last three minutes to propel Montana to within four points with 30 seconds to play. But that's as close as the team could get as the Vikings added three free throws to seal the conference victory.

"We dug ourselves in a big hole, but still made a good charge late in the game, just didn't come out on top," Montana head coach Robin Selvig said.

Portland State's pesky perimeter defense themed the night, causing 13 steals and 16 Lady Griz turnovers.

"We threw the ball around the gym and didn't play well," Selvig said, "but a lot of that is attributed to Portland State's defensive."

Forward Katie Baker led Montana with a 13-point, nine-rebound night. Kenzie De Boer added 12 points and two steals, but also had five turnovers, and Nelson chipped in eight points.

The Vikings rode double-digit scoring campaigns from four of their starters, including a 20-point, five-steal effort from guard Eryn Jones, to the key Big Sky win. Lexi Bishop added 15 points, including a career best four 3-pointers, and three steals, Courtney VanBrocklin had 13 points and forward Kelli Valentine had 11 points.

Portland State, notching its eighth win in nine tries, shot 52.6 percent from beyond the 3-point arc and 42.6 percent from the field.

Montana, which lost for the first time in nearly a month, shot 38.9 percent from the field and 45.5 from 3-point range.

"We've been playing well and that was a step back, but it was a learning experience, and we'll build from this going into the next game," De Boer said.

Montana will look to bounce back in the Big Sky Conference race when they host the Eastern Washington Eagles Saturday at 2 p.m. at Dahlberg Arena. The program will recognize Ena, Stender and Jessa Loman Linford as part of Senior Day festivities.

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Greg Lindstrom/Montana Kaimin

Freshman forward Jordan Sullivan draws a charge from Portland State's Shauneice Samms Thursday evening in the Dahlberg Arena. The Lady Griz lost to Portland State 70-65.

MMA

Missoula Mayhem: mixed martial arts preview

Court Weston
Montana Kaimin

Blood, sweat, cages and cheers.

All four will be found at Dahlberg Arena Friday night.

Fightforce's mixed martial arts event, Missoula Mayhem 9, will feature a current titleholder, some familiar faces and a rematch between potential rivals.

"I just love the atmosphere," University of Montana freshman Tim Gaffney said. "Just watching fights and different techniques the fighters use."

The fight card promises a vast array of competitors among the various weight classes.

Missoula Dogpound member Frank Ramsey sports a spot-

less 5-0-0 record and currently holds the title of lightweight champion. He is set to take on Miles City's Kevin Tjaden of team Freestyle.

Participants that fought at Missoula Mayhem 8 last July, include Dogpound's Mike Emry and Brandon Steadman as well as Team Apocalypse's Kenny Hensley.

Emry fell to Helena's Bruce Garay of Hel-Town Hybrid in the first round. The local fighter will face another fighter from Helena in Proven Grounds member Wayne McDonald.

McDonald lost by submission on December to Missoula's Dave Wozniak at Great Falls Rumble 7.

Wozniak will fight Great Northern Fight Club's David Boulter, also of Missoula.

Hensley defeated Steadman at Missoula Mayhem 8 by decision after a fight that lasted all three rounds. This will be their second meeting in less than a year, allowing for a rivalry to possibly take shape.

"[Mixed martial arts matches] are very exciting to watch," said Gaffney, an avid MMA fan. "The fact that I compete in kick boxing draws me in a lot. I just like to watch all the different fights."

There will be no shortage of fighting styles in Missoula Friday.

Delane Lamere, also of

Dogpound, will battle Big Sky MMA's Brad Campbell of Great Falls. Lamere is coming off a first-round submission win at Great Falls Rumble 7, where he defeated Ted Lewis in the 155-pound weight division.

In addition to the men fighting for their personal pride, respect and well-being, two matches will feature women.

Hel-Town Hybrid's Emily Green will face Dogpound's Roma Pawelek in a 135-pound

weight class showdown.

Fellow Dogpound member Samantha Sievers is set to take on SOB's Jessica Hiltz of Deer Lodge five matches later in a 125-pound duel.

Although it has yet to be announced which fights will occur within a cage, there will be cage matches throughout the night.

The Dahlberg Arena doors open at 6 p.m. and the first fight begins at 7:30.

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balancing ACT

Local performance troupe Bellatrix features diverse talent, culture

Emily Downing
Montana Kaimin

The gray light of a frigid February afternoon illuminates two belly dancers as they gyrate in circles in front of the Missoula Winery's tasting room stage.

Their movements are dictated by slow, bluesy guitar lines accompanied by the beat of an African drum, an intriguing sonic collision of eastern and western influences. Behind them, a group of performers balance on ladders as they set up the backdrop for this weekend's Bellatrix Cirques performance.

Anita Maddux, director of Bellatrix, hurries from one end of the room to the other, directing the set-up. She simultaneously stabilizes a ladder and consults with an artist on where to hang paintings.

Maddux appears to have the confusion under control, though she credits her multi-talented performers.

"These people have so many skills, it really helps," she says.

Bellatrix, which will perform two shows at the winery, is a circus-like show that consists of 50 performers in 20 different acts. Performers engage in everything

from hula hooping to fire dancing to aerial acrobatics, all in the span of two hours, including an intermission.

The shows have been carefully planned by a community of dedicated musicians, dancers and acrobats. Kevin Van Dort, the show's producer and the event manager for the Missoula Winery, says that he is far from worried about this weekend.

"It's been an interesting experience watching it all come together," he said. "Our only concern is that we'll have so many people [in attendance] that some will have to stand."

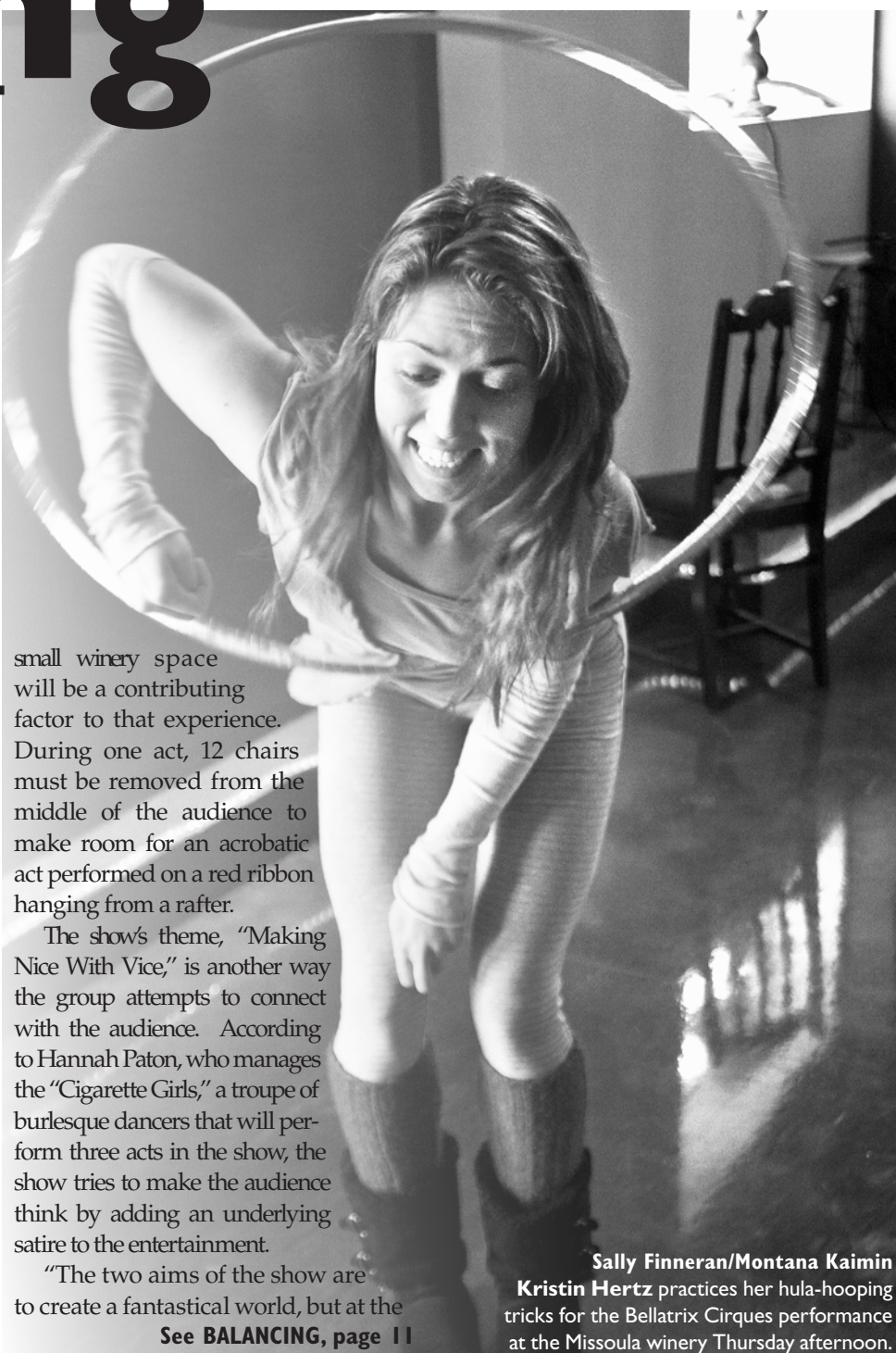
The two shows will comprise Bellatrix's second-ever event. In November, the group performed in front of an enthusiastic crowd at the Top Hat. Van Dort, who was part of the audience at that show, said the quality of that performance was the reason he contacted Maddux to get on board with Bellatrix.

"My cheeks were burning from just smiling at that show," he said. "Everyone was smiling and there was this fantastic vibe in the room."

Kristin Hertz, a hula-hoop dancer in the group, estimates that the November performance was attended by 350 to 400 people.

"We were really pleasantly surprised by the turnout," she said. "The audience gives as much [to the show] as the performer. It's really a beautiful thing."

This weekend, Maddux and Van Dort are trying to maintain that intimacy between the audience and the show. The



small winery space will be a contributing factor to that experience. During one act, 12 chairs must be removed from the middle of the audience to make room for an acrobatic act performed on a red ribbon hanging from a rafter.

The show's theme, "Making Nice With Vice," is another way the group attempts to connect with the audience. According to Hannah Paton, who manages the "Cigarette Girls," a troupe of burlesque dancers that will perform three acts in the show, the show tries to make the audience think by adding an underlying satire to the entertainment.

"The two aims of the show are to create a fantastical world, but at the See **BALANCING**, page 11

Sally Finneran/Montana Kaimin
Kristin Hertz practices her hula-hooping tricks for the Bellatrix Cirques performance at the Missoula winery Thursday afternoon.

THE SCOOP

WHEN: Feb. 25-26, 8 p.m.
WHERE: The Missoula Winery
PRICE: \$12 at the door
INFO: call 830-3296

Q+A Dubskin by Jed Nussbaum

Reggae band Dubskin produces a sound so authentic that it's hard to believe they hail from Fort Collins, Colorado. The six-piece outfit has released two albums, both available for free download on their website, and have shared the stage with reggae heavyweights across the country. Dubskin takes the stage with fellow Colorado group Euforquestra at the Top Hat Friday evening. We took a few minutes to ask drummer Corey Eberhard, formerly of Pretty Lights fame, some questions about influences and life on tour.

Q: Dubskin recently recruited guitarist Mike Tallman and percussionist Matt Grunstad, who also play in Euforquestra. How has their presence changed the dynamics of Dubskin?

A: It's thickened it up a lot. Matt's percussion adds texture and he's singing a lot with us a lot too, which thickens up a lot of the backup vocals. It's just rounded out the sound quite a bit.

Q: Why did you guys decide to release your last album as a free download on your website?

A: It's so hard to keep it from winding up free anyways. Even major label bands, you can find their stuff pirated online. So rather than moving against it,

just go with it and give it away for free so people can share it online and we don't have to make a physical product anyways.

Q: Plans for a new album?

A: Yeah. We're pretty close to being done tracking it and it should be out later this spring, hopefully late April or May. It will be the current lineup on that entire album.

Q: You quit your position as drummer for the popular electronic act Pretty Lights last year. What's it like to turn your focus to a lesser-known project playing smaller stages?

A: I like it. It's been nice playing with human beings playing instruments and traveling around. But touring is touring.

It doesn't change too much. Except, I suppose, the amount of people and what hotel you're staying at (laughs).

Q: Do you employ a different set of influences with Dubskin than you did with Pretty Lights?

A: A lot of the same influences are there. On the new record, which hasn't been released yet, there's more fancy beats, hip hop sounding beats. We all listen to different types of music, so it kind of comes through within our sound. We keep it roots reggae but try to develop a sound of our own.

Q: Along those lines, Dubskin plays a traditionally Caribbean form of music, but you hail from Colorado. How has geog-

raphy influenced your sound?

A: Even though we weren't raised in the islands or the Caribbean, we listen to a lot of the music that comes out of there. But I definitely feel that our music has a tinge of America and Colorado. We're definitely formed from roots reggae, but a lot of the west coast Cali bands have a certain Cali reggae sound, and the East Coast bands kind of have a certain sound that's not quite Jamaican either, and I feel like we have kind of a Colorado blend.

Q: What are the best and worst aspects of being on the road for long periods of time?

A: I really like traveling to new cities, seeing how other

people live, meeting other people and getting to share our music with them. We all really enjoy traveling and playing live music with crowds that are feeling the music right in front of you. Traveling as we're doing on this Rocky Mountain tour, we've played every ski town from Durango to Missoula, and there's a lot of snowy mountain roads that get pretty sketchy (laughs). And just being night after night in a different town gets pretty tiring. But that's just the "while we're not on stage" part. As far as being on stage, it's always good.

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MISSOULA

Fly Fishing Film Tour returns to Wilma Theatre

Michael Beall
Montana Kaimin

Casting a line into Montana streams may be a few months away, and the most recent storm reminds us that it's still ski season. But for those who need to cure their cabin fever, the sixth annual Fly Fishing Film Tour returns to the Wilma Theatre this weekend.

This year's film tour is making a 13,000-mile journey that kicked off in Ventura, Calif., on Feb. 3 and will crisscross the United States to present the films in 80 towns.

"Some call it fish porn, others call it a good time," said Thad Robison, who has been the tour manager for all six years. "It's a cold time of year, and not a lot of people are able to get out on the water, so it's a way to inspire people to see things that are coming around the corner and get them stoked."

Robison and the tour crew will be traveling with the tour to 40 of the 80 presenting towns, including Missoula. With the tour's increasing popularity, Robison decided to start licensing the rights to other smaller towns who want to show the film. The tour gets hundreds of requests from small towns interested in showing the film, so by selling the rights, Robison is able to get viewers from corners of the country that otherwise would not have a chance to experience the tour.

Robison and three partners were inspired to start the Fly Fishing Film Tour in 2005 after they filmed a fly fishing docu-

mentary in South America. They ended up touring two films that year to six different venues.

This year 22 films were submitted, and Robison decided on eight films to feature. The films range from five-minute clips of longer films to 20-minute shorts and are all tied together into a single showing.

"Fly-fishing is the core component, but we try to tell a story," Robison said. "It's not instructional, and it's not an advertisement for a guide service. It's adventure, where people go to different places around the world."

Raising environmental awareness is also a component of the tour. This year's tour is focused on mining in the headwaters of Alaska's Bristol Bay, as well as House Bill 308, a bill currently circulating in Montana's Legislature that could limit public access to Montana's rivers.

"There's always an underlying conservation tone throughout the film tour," Robison said. "This year we don't have a film from Montana, but one thing we're trying to make people aware of is House Bill 308. We're always trying to make people aware of not only national conservation efforts, but local efforts that are going on."

While there are no films based in Montana, one of the tour's films, "Musky Country: Zero to Hero" was directed by Montana State graduate and fishing guide Brad Brohen. The film focuses on the fishing of muskellunge, the pike's largest

relative, in northern Wisconsin.

"It's like streamer fishing for big browns that are 40 inches long and would eat you if they could," Brohen said. "It's like being in Jurassic Park."

This year marks the Fly Fishing Film Tour's fifth year coming to Missoula. The tour will also stop in Billings, Bozeman, Whitefish, Livingston and Craig, a town with a population of 700 that claims on its website to be the "capital of western fly-fishing."

"Missoula is definitely, out of all the stops, one of the top cities," Robison said. "It's one of our favorite cities to come to. We have a lot of people who we've developed friendships with throughout the years."

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THE SCOOP

WHEN: Feb. 25, 7 p.m.
WHERE: The Wilma Theater
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INFO: call 728-2521

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BALANCING From page 10

same time have a little bit of reality and art to it," she said.

Hertz says that the show's theme is also part of its allure.

"We're doing darker stuff and playing with the seven deadly sins," she said. "We're trying to show people that balance between light and dark and how both are so necessary and so beautiful."

It's the intimacy among the performers, however, that really makes the show work. Bellatrix is a gathering point for Missoulians who are into circus-style performance art, according to Van Dort.

"It's a unique chance to explore art that has been developed outside of Missoula," he said. "People have chosen to live here and share [their talents]. Normally, you'd have to travel a great distance to see this kind of performance."

Many of the performers have traveled a great deal to practice and perfect their talents. Hertz, for example, says that she began hula-hooping a few years ago while living in San Francisco. She didn't like the big city and moved back to Missoula. She was surprised to find a venue for hooping through meeting Maddux.

"I realized that there are these

people who spin fire and do circus acts in Missoula," Hertz said. "Anita brought us all together for Bellatrix."

Achieving cohesion with the show can sometimes be challenging. In addition to practicing their craft, many of the performers have families and full-time jobs.

"Sometimes I'm just shocked that it can even happen," Hertz said. "We don't really even get paid, yet people rearrange their schedules and make time for it."

Maddux says the level of commitment among the performers has a great deal to do with the kinship felt in the group.

"You can't do things in Missoula without a community like this," she said.

It's that commitment that allows a show like "Making Nice With Vice" to come together. With so many performers and a wide variety of acts, preventing the performance from turning into chaos can be difficult. Thanks to the hard work of participants like Van Dort and Maddux, though, it doesn't.

"When it all comes together, there's this transcendent moment that is really amazing," Maddux said. "That's why I do this."

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	8	2		3		7		
			1		5	3	2	
			9	7				
	1	4	6		2			
		6		9		1	5	
	5						9	
						4		6

Level:

1 2
3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

SOLUTION TO THURSDAY'S PUZZLE

3	9	6	5	7	4	1	8	2
2	7	1	6	8	3	5	9	4
4	8	5	9	2	1	6	3	7
9	4	2	1	5	8	7	6	3
8	6	7	2	3	9	4	5	1
5	1	3	7	4	6	8	2	9
6	3	8	4	9	7	2	1	5
1	5	4	3	6	2	9	7	8
7	2	9	8	1	5	3	4	6



Steel Brooks/Montana Kaimin

Dan Kistler sits amongst the desks in the Phyllis J. Washington Education Building. He says that the desks here are too small for people his size to sit comfortably in during class.

University center
PRESENTS

GREASE
SING-A-LONG
MARCH 4 & 5
UC THEATER - 7 PM
FRIDAY & SATURDAY

The University of Montana
STUDENT INVOLVEMENT
FOR RENT
WWW.UMT.EDU/UC

UM Theatre & Dance

JAMES GOLDMAN'S
THE LION IN WINTER
Political maneuvering becomes high art in this literate comic drama.

MASQUER THEATRE
FEB. 22-26, MAR. 1-5 / 7:30 PM
TALKBACK: FOLLOWING THE FEBRUARY 25 PERFORMANCE
PARTY BOX OFFICE: 243-4581 / 11:30-5:30 WEEKDAYS
VISIT OUR WEBSITE FOR MORE INFORMATION
www.umtheatredance.org

The University of Montana
SCHOOL OF THEATRE & DANCE
COLLEGE OF VISUAL AND PERFORMING ARTS • 2010-2011

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YOU CAN TOO.
AND IT'LL PUT A LITTLE MORE IN YOUR POCKET.

WE KNOW YOU DON'T HAVE A LOT OF TIME TO SPARE, THAT'S WHY WE OFFER MAXIMUM COMPENSATION WHILE MINIMIZING THE TIME YOU SPEND DONATING.

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CALL BIOLIFE AT 406.721.2584 OR VISIT US AT WWW.BIOLIFEPLASMA.COM

NEW DONORS PRESENT THIS COUPON AND RECEIVE \$120 IN JUST THREE DONATIONS.

Must present this coupon prior to your initial donation to receive \$30 on your first, \$40 on your second and \$50 on your third successful donation. Initial donation must be completed by 3.31.11 and subsequent donations within 30 days. May not be combined with any other offer.

40029 KMN
PAYCODE: 40029

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kiosk
KAIMIN CLASSIFIEDS

RATES

Student/Faculty/Staff
\$1.20 per 5-word line/day

Off Campus
\$1.30 per 5-word line/day

The Kiosk runs 4 days per week. Prepayment is required. Ads may be placed at DAH 207 or via FAX: 243-5475, email: kaiminads@gmail.com or call 243-6541.

Lost and found ads may be placed in the Kiosk free of charge. They can be 3 lines long and run for 3 days.

BAHA'I FAITH
"O My Friend! Thou art the daystar of the heavens of My holiness, let not the defilement of the world eclipse thy splendor." - Bahá'u'lláh For information call 829-9538 Online: bahai.org or bahai.us

COMPUTERS
Reliable PC/laptop repair. Voted best of Missoula 2010. Student discounts! 136 E Broadway Computer Central 542-6540

FOR RENT
Weekend cabins 30 min. from Missoula \$44-\$66/ night. Rock Creek Cabins 251-6611

FOR SALE
New Posters, Black Light, More! The Joint Effort 1918 Brooks Street.

Scales, Scales, Scales; low prices! The Joint Effort. Holiday Village Shopping Center. 1918 Brooks Street

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Rugby players needed. No experience necessary. Call 515-203-9781

PERSONALS
UM WILL BE TOBACCO FREE FALL 2011 "I am close to not attending any football games because of the secondhand smoke me and my family have to endure." UM Employee

TAMING YOUR TEST ANXIETY SEMINAR! Want to get a jump start on having a successful spring semester by

learning how to take exams? Come to this seminar, Saturday Feb. 26, 9:00 a.m.-12:00 at the Curry Health Center. FREE! Call 243-4711 to register.

SERVICES
www.MontanaAcademyofSkinCare.com; 650 hour Esthetics program. Student Clinic offers low price facials, waxing, and more. 406-830-3261.

MISSOULA RAFT GUIDE SCHOOLS
April 1-6, 2011 and May 13-17 2011. Guide & Rescue Training Since 1994. Montana River Guides Call 240-0560 or 777-4837or visit www.montanarafting.com

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Interested in wildlife conservation and outdoor adventure? Want to write for a 150,000+ circulation magazine and a website receiving 100,000 hits per month? Bugle magazine at RMEF is your ticket. We offer an unpaid internship that gives you the chance to boost both your skills and resume while writing for print, broadcast and the internet. You will also gain exp. using an advanced website content management system. To apply, email cover letter, resume, and 3 writing samples to jobs@rmef.org.

MISCELLANEOUS
Have a 3.5 GPA or higher? Want international recognition and networking? Join Golden Key today @ www.goldenkey.org. www.406i.tel from your smart phone

SONG OF THE DAY
"I Ran (So Far Away)" - Flock of Seagulls

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